



M.E.S.A. LABORATORY SAFETY RULES
East Central Missouri Area Health Education Center

After you have carefully read the following safety rules, initial each statement and sign your name.

1. I will think about what I am doing at all times. I will know the hazards before I begin an experiment and be prepared for the unexpected. I will not only think of my own safety but that of others working around me. ____
2. I will wear safety glasses, safety goggles or prescription safety glasses when conducting dissection lab work. ____
3. I will wear a plastic laboratory apron or lab coat to help protect my body and/or clothing from chemical spills. I will not wear floppy, loose clothing such as neckties or scarves. I will wear close-toe shoes and no sandals or flip-flops. I will wear gloves when handling corrosive, irritant chemicals or specimens. ____
4. I will report at once any accident or spills however minor, to the MESA instructor/AHEC staff. ____
5. I will not conduct any unauthorized experiments/dissections in the lab. I will only do the lab dissections specified by the instructor. ____
6. I will know the location of the restroom or nearest eye wash station and first aid kit. ____
7. I will not aim the opening of a test tube or flask in which a reaction is taking place at myself, or anyone else. I will never point a sharp instrument at others and will use caution when using instruments at all times. ____
8. I will not leave my station unattended, unless I ask permission to leave the room (i.e. to use the restroom or make an emergency phone call.) ____
9. I will be very cautious when handling specimens and the chemicals that they are transported in by not splashing chemicals on myself or the floor etc ____
10. I will never put anything in my mouth while working in the laboratory. I will not eat, drink, or smoke in the lab. ____
11. I will not rub my eyes unless I am absolutely certain that there are no chemicals on my hands. ____
12. I will wear my hair in a ponytail, back out of my face if I have long hair since long hair is a serious fire hazard. ____
13. I will never throw paper, glass, or any other solid into the troughs or sinks on the laboratory benches. ____
14. I will place my cell phone on silent or vibrate while in the dissection lab. ____
15. I will never take any chemicals or organs out from the laboratory unless instructed to do so. ____
16. I will clean up my workstation, including dissection trays, dissection instruments, and dispose of the organs as directed by the MESA instructor. ____

I have read and understood these laboratory safety rules in their entirety and have retained a copy for my reference. I will adhere to them at all times while I am in the laboratory or participating in MAHEC sponsored M.E.S.A. workshops or lab procedures.

Print your name

Signature

Date

XXX/XX/

Last 4 digits of your Social Security #
(Optional by Center)

ACES or ACES PLUS or Neither (circle one)