



**ACES/ACES+ Primary Care Resource Initiative for Missouri
Individual Career Plan (ICP)**

I. STUDENT INFORMATION

Name: _____ Beginning ACES Year: _____
 Address: _____ Phone: _____
 City: _____ State: __ County: _____ ACES+ Permanent or temporary
 School: _____ Grade: _____ address (circle one)
 Academic Advisor/School Counselor: _____ Email: _____
 Current GPA: _____ ACES ACES+ Graduation Date: _____
 ACT or Aptitude Test Score _____ D.O.B. _____ Cell Phone # _____

II. PRIMARY CARE CAREER GOAL

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|---|---|--|--|
| <u>Physicians (MD/DO)</u> | <u>Dentistry</u> | <u>Nursing / Nurse Practitioner</u> | <u>Other</u> |
| Licensed Physician
(specializing in family
or general practice)
Internal Medicine
Pediatrics
Obstetrics/Gynecology | General or
Pediatric Dentist
Dental Hygienist | LPN/RN BSN
BSN
NP | Psychiatrist
Psychologist
Clinical Social Worker
Professional Counselor
Nutritionist Dietitian |

STATEMENT OF LONG TERM GOAL: To be completed by: _____ (Date)

III. STUDENT RESOURCES, STRENGTHS & EXPERIENCE

RESOURCE	CONTACT INFO	UTILIZED NOW
EDUCATIONAL		YES/NO
1.		
2.		
3.		
COMMUNITY		
1.		
2.		
3.		
OTHER		
1.		
2.		
3.		

LIST STUDENT STRENGTHS & ASSETS:

Academic: _____
 Personal: _____
 Work Related Experience: _____
 Other: _____

HEALTH CARE EXPERIENCE:

EXPERIENCE & LOCATION (i.e. Shadowing, ABC Medical Center)	DATE COMPLETED
1.	
2.	
3.	

IV. SHORT TERM GOALS & OBJECTIVES

Annual Goal for AHEC & Student Collaboration:

To be completed by: _____ Initials: _____
 (Date) (Student) (AHEC)

OBJECTIVE #1

Academic, Community, Experiential, Other (Circle one)	Complete by (date)	Date Accomplished
Description: Student will complete a minimum of 8 hours of a health related community leadership project as defined by ECMO AHEC (the 8 hour minimum will include time spent for preparation and implementation)		
Student Tasks: 1. Student will identify a potential leadership project activity. 2. Student will submit documentation verifying the completion of the leadership project. 3. Student will keep a journal of activities as they relate to the development of the leadership project.		
AHEC Tasks: 1. If necessary, AHEC staff will assist the student in identifying a leadership project activity. 2. 3.		

OBJECTIVE #2

Academic, Community, Experiential, Other (Circle one)	Complete by (date)	Date Accomplished
Description: Student will complete a minimum of ____ hours of professional healthcare shadowing in order to fulfill the requirements of the ACES program (freshmen - 8; sophomores -16; juniors - 24; seniors - 32; undergraduates - 40).		
Student Tasks: 1. Student will identify possible shadowing sites to conduct shadowing hours. 2. Student will attend an orientation session regarding shadowing protocol. 3. Student will submit documentation verifying the completion of the shadowing hours. 4. Student will keep a journal of activities.		

<p>AHEC Tasks:</p> <ol style="list-style-type: none"> 1. If necessary, AHEC staff will assist the student in setting up a shadowing site at a local medical facility. 2. 3. 		
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OBJECTIVE #3

<p>Academic, Community, Experiential, Other (Circle one)</p>	<p>Complete by (date)</p>	<p>Date Accomplished</p>
<p>Description: Student will participate in at least 12 hours for ACES, or 6 hours for ACES+, of workshops/events sponsored by ECMO AHEC</p>		
<p>Student Tasks:</p> <ol style="list-style-type: none"> 1. Student will attend and actively participate in ECMO AHEC monthly workshops. 2. 3. 		
<p>AHEC Tasks:</p> <ol style="list-style-type: none"> 1. Make available relevant and valuable academic workshops. 2. 3. 		

OBJECTIVE #4

<p>Academic, Community, Experiential, Other (Circle one)</p>	<p>Complete by (date)</p>	<p>Date Accomplished</p>
<p>Description:</p>		
<p>Student Tasks:</p> <ol style="list-style-type: none"> 1. 2. 3. 		
<p>AHEC Tasks</p> <ol style="list-style-type: none"> 1. 2. 3. 		

OBJECTIVE #5

<p>Academic, Community, Experiential, Other (Circle one)</p>	<p>Complete by (date)</p>	<p>Date Accomplished</p>
<p>Description:</p>		
<p>Student Tasks:</p> <ol style="list-style-type: none"> 1. 2. 3. 		
<p>AHEC Tasks</p> <ol style="list-style-type: none"> 1. 2. 3. 		

