

A Career Development Model

East Central Missouri AHEC

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Self Exploration

“Who am I?”

- Interests
- Skills
- Values
- Talents
- Hobbies
- 7 Habits of Highly Effective Teens™
- Developmental Assets™
- Work Keys

World of Work Exploration

“What’s out there?”

- Enrichment/Enhancement
- Program/Seminars
- Written Information
- Information Interviews/Shadowing
- Volunteer/Internship
- Part-time/Summer Jobs

Vocational
Interest
Inventories

Decision Making

“How do I pull it all together?”

- Individual Career Plan (ICP)
- Mapping HS Courses (AP dual enrollment)
- Mentors/Counselors/Teachers
- Parents/Family
- Certification: CPR, EMT, CNA, etc/
- Youth Health Service Corps™

Academic & Career Pathways

- Develop Portfolio
- Work Keys
- Target-Potential Leadership/Senior Projects
- Obtain References
- Select Colleges/Professional Programs
- Write Personal Statements/Essay for Applications– Practice Interviews
- Financial Aid-Loans, Scholarships, Grants